

Medical Department

The medical centre provides multidisciplinary outpatient healthcare services focused on prevention, diagnosis, rehabilitation and performance optimisation.

Clinical Services

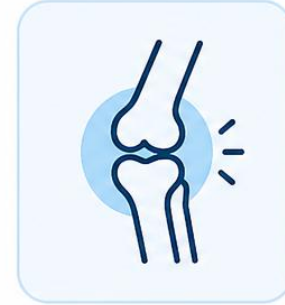
- General Practice
- Sports Medicine
- Orthopaedics
- Physiotherapy
- Osteopathy
- Rehabilitation Medicine
- Exercise Physiology
- Nutrition & Dietetics
- Pain Therapy
- Post-operative Rehabilitation



General Practice



Sports Medicine



Orthopaedics



Physiotherapy



Osteopathy



Rehabilitation
Medicine



Exercise
Physiology



Nutrition &
Dietetics



Pain Therapy



Post-operative
Rehabilitation

DINING SPACE & WHEY PROTEIN AND SUPPLEMENTS TO SALES



THE PROPOSED DEVELOPMENT IS A NEXT-GENERATION FITNESS AND MEDICAL WELLNESS CENTER INTEGRATING PREVENTIVE HEALTHCARE, PHYSIOTHERAPY, REHABILITATION, SPORTS MEDICINE AND HIGH-PERFORMANCE FITNESS WITHIN A SINGLE FACILITY. THE CONCEPT COMBINES CLINICAL SERVICES WITH PREMIUM FITNESS SPACES TO CREATE A MULTIDISCIPLINARY ENVIRONMENT FOCUSED ON HEALTH, PERFORMANCE, RECOVERY AND WELLBEING. THE FACILITY IS DESIGNED TO ACCOMMODATE RECREATIONAL USERS, ATHLETES, REHABILITATION PATIENTS AND CORPORATE WELLNESS PROGRAMMES WHILE PROVIDING FLEXIBLE SPACES THAT CAN ADAPT TO FUTURE HEALTHCARE TECHNOLOGIES.



THE MEDICAL CENTRE PROVIDES MULTIDISCIPLINARY OUTPATIENT
HEALTHCARE SERVICES FOCUSED ON PREVENTION, DIAGNOSIS,
REHABILITATION AND PERFORMANCE OPTIMISATION.







REHABILITATION AND PHYSIOTHERAPY CENTER

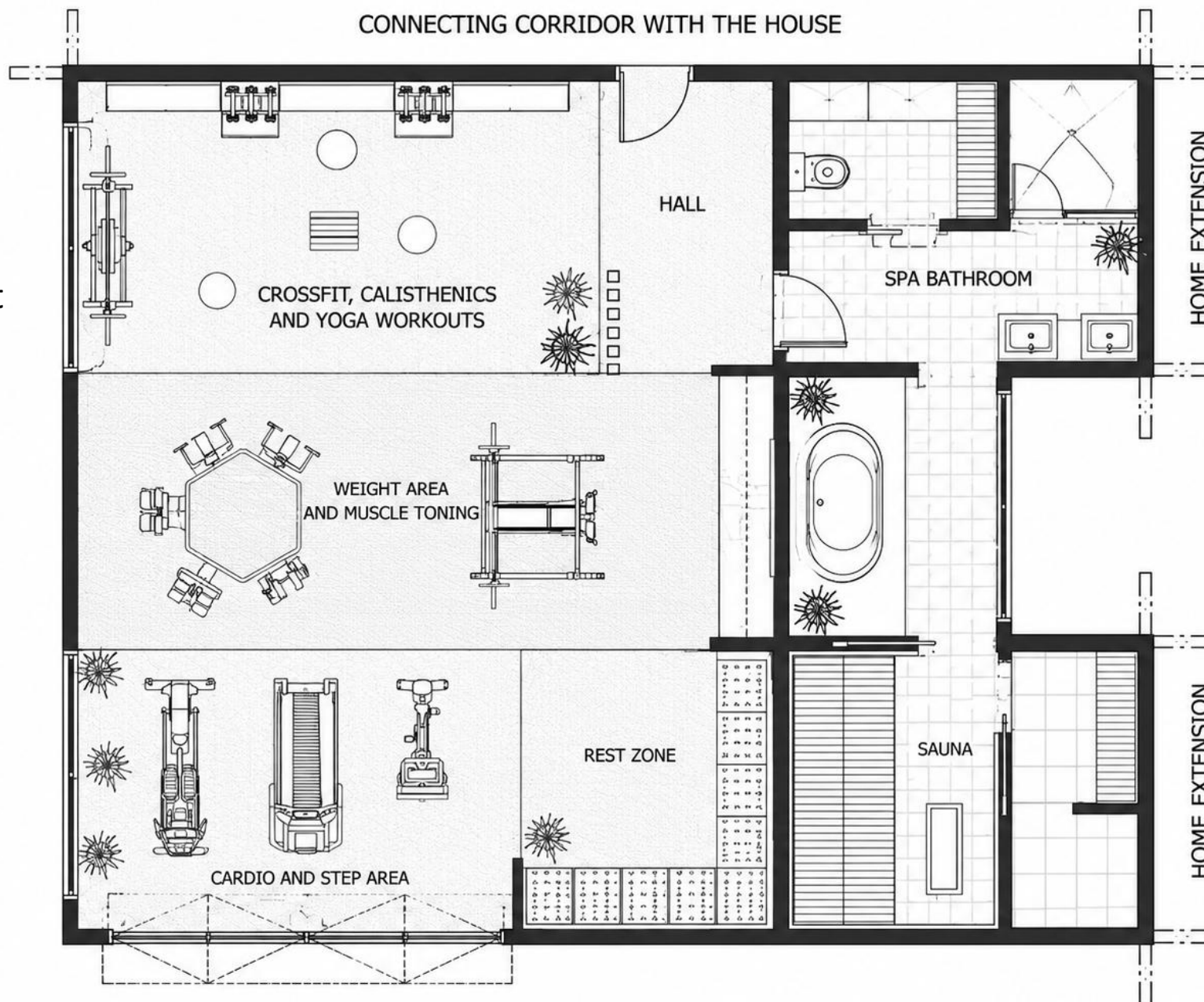
FLOOR PLAN

0 2 5 10 m

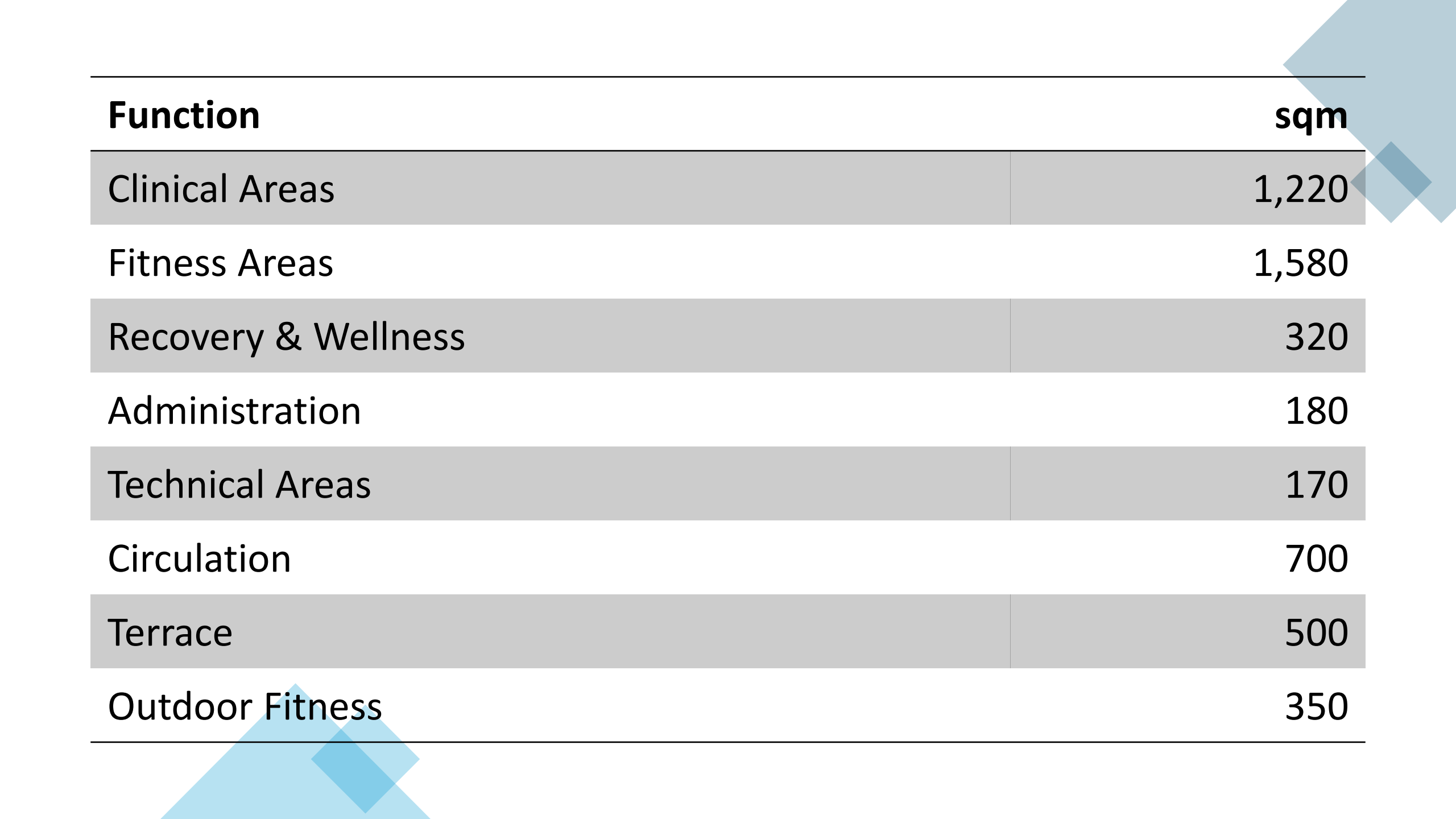


The building combines:

- Medical Centre
- Physiotherapy Department
- Rehabilitation Gym
- Hydrotherapy
- Sports Medicine
- Functional Training
- Strength & Conditioning
- Cardio Fitness
- Recovery & Wellness
- Digital Health Monitoring
- Outdoor Training Area



Department	Approximate Area (sqm)
Reception & Waiting	180
Medical Offices (8–10 clinics)	300
Physiotherapy Treatment Rooms	420
Rehabilitation Gym	450
Functional Training Zone	380
Strength Training Area	420
Cardio Area	430
Hydrotherapy & Recovery	320
Outdoor Functional Area	350
Digital Assessment & Performance Lab	180
Administrative Offices	180
Staff Facilities	120
Technical Rooms & Storage	170
Corridors & Circulation	700
Terrace & Outdoor Relaxation	500



Function	sqm
Clinical Areas	1,220
Fitness Areas	1,580
Recovery & Wellness	320
Administration	180
Technical Areas	170
Circulation	700
Terrace	500
Outdoor Fitness	350









Hydrotherapy & Recovery

Designed for rehabilitation and wellness.

Facilities include:

- Hydrotherapy pool
- Therapeutic whirlpool
- Recovery lounge
- Massage rooms
- Relaxation area
- Sauna
- Cold therapy
- Stretching zone





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